

**JAWAHARLAL NEHRU TECHNOLOGICAL UNIVERSITY KAKINADA
UNIVERSITY COLLEGE OF ENGINEERING VIZIANAGARAM
INTERNATIONAL YOGA DAY-2020**

REPORT

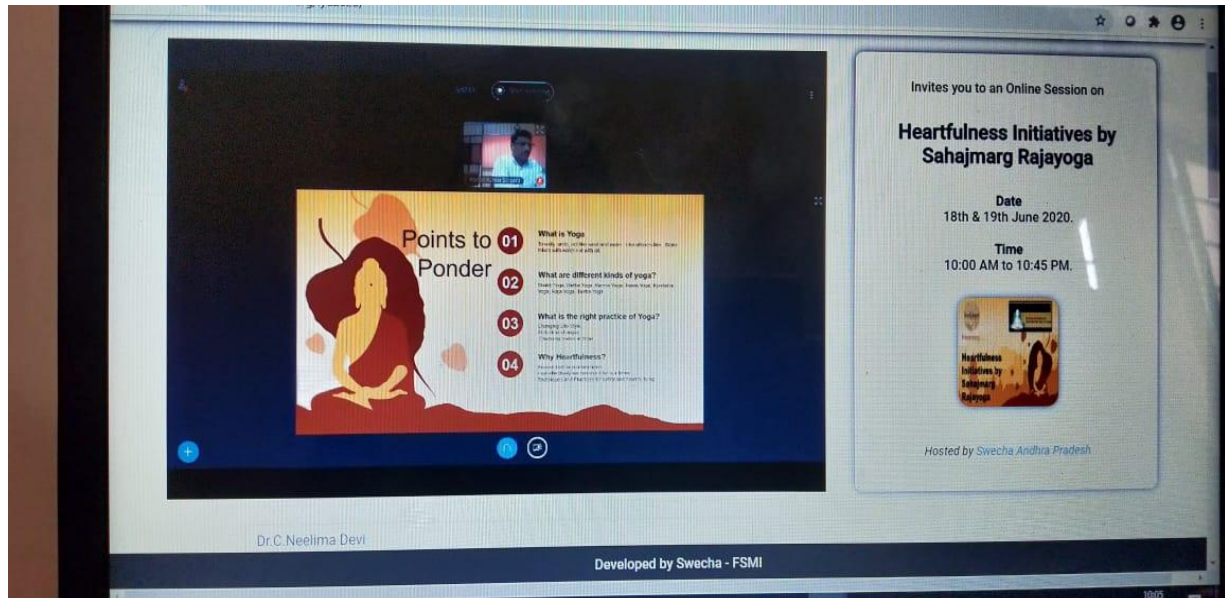
Schedule of Events

S.No	Event Name	Time	Day	Place
1.	Heartfulness initiatives by Sahajamargh Raja Yoga by S. Mohan Kumar, Trainer, Heartfulness institute Vizianagaram	10.00-10.45AM	18-06-2020	Through online
2.	Experience Heartfulness relaxation and meditation by V.V.S.Prasad, Center coordinator, Heartfulness institute, Vizianagaram	7.00-7.45 AM	19-06-2020	Through online
3.	How to cope up with stress and anxiety during covid 19 by R.D.D.V Siva Ram, Assistant Professor, CSE Dept, JNTUK UCEV	10.00 to 10.45	20-06-2020	AB-II Auditorium

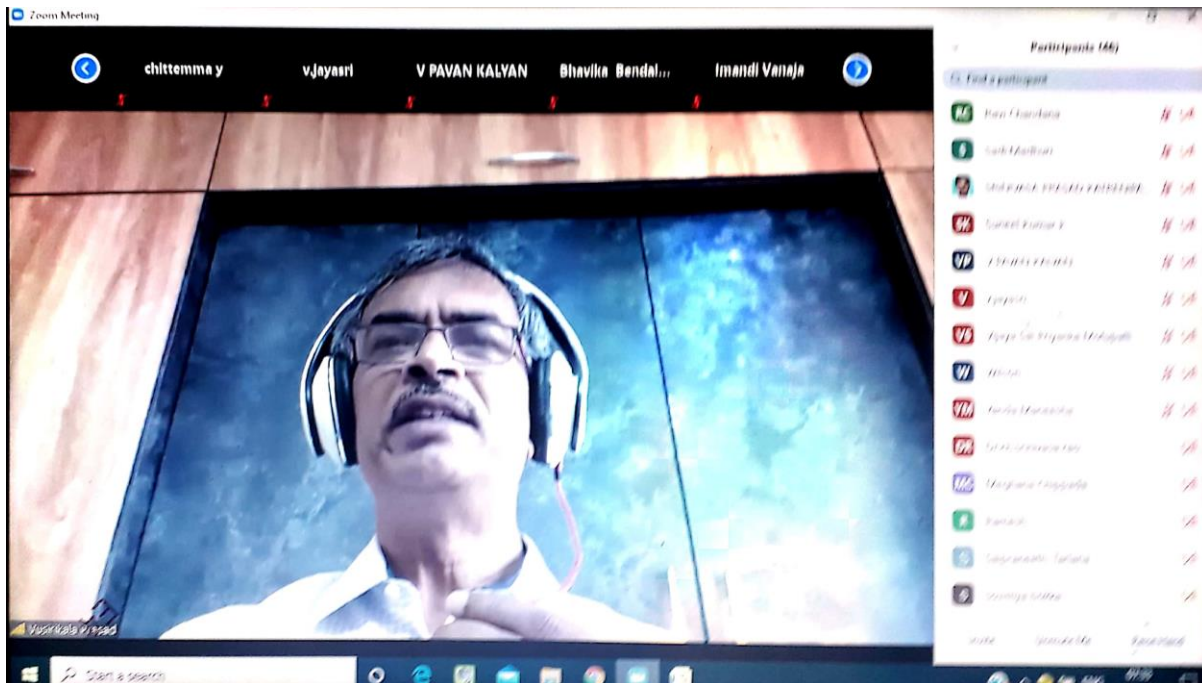
Note

- 1. Zoom app Link communicated through proper channel for first two events.**
- 2. All the staff members assembled in AB-II auditorium on 20/06/2020 at 10.AM for event-3**

Day-1: Picture for conduct of online session-1



Day-2: Picture for conduct of online session-2



Day-3: Pictures for conduct of Yoga session





Day 4: Pictures of Yoga@Home



Prof. G. Swami Naidu

Principal –JNTUK UCEV



Prof. G. Swami Naidu

Principal –JNTUK UCEV



Prof. R. Rajeswararao

Vice-Principal –JNTUK UCEV



Prof. R. Rajeswararao

Vice-Principal –JNTUK UCEV



Sri. V. Mani Kumar

NSS Coordinator –JNTUK UCEV